



# HILLS ROAD SPORTS & TENNIS CENTRE

## Changing Room Policy

Hills Road Sports and Tennis Centre is committed to prioritising the wellbeing of children and adults at risk promoting safeguarding in the Centre at all times.

This Policy strives to minimise risk, deliver a positive attitude for everyone and respond appropriately to all safeguarding concerns/disclosures.

### **Customers/Parents/Children/Vulnerable Adults/Carers must be aware of the following:**

- When using the toilets and changing rooms, all children under the age of 10 years must be accompanied by an adult (parent/carer); they must not be left unattended at any time.
- Children aged 10–18 are expected to use the toilets and changing rooms designated for their gender. However, if a child does not feel comfortable using the male or female facilities, they may instead use the clearly marked Accessible Toilet or Gender-Neutral changing room.
- Due to the risks of inappropriate photography or filming, mobile phones or any other device **must not be used** within the changing or toilet areas. Any concerns should be raised immediately with Centre Staff.
- If children are uncomfortable changing or showering at the Centre, no pressure should be placed on them to do so. Parents/carers should suggest instead that they may change and shower at home.
- Vulnerable adults should be accompanied by a parent/carer when using the toilets or changing rooms.

If anyone has any concerns with safeguarding, please contact Natalie Moss (*Centre Manager*)  
**[nmoss@hillsroad.ac.uk](mailto:nmoss@hillsroad.ac.uk)**

**Post of member of staff responsible: Sports Centre Manager**

**Signed:**

**Date:** 20<sup>th</sup> March 2024

**Updated:** 15<sup>th</sup> September 2025